



Boston Age Strong Commission's DECEMBER 2025 "TO-DO"

Free events, classes & programs for Boston's older adults

Welcome to December's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the To-Do emailed directly to your inbox or view it, *Boston Seniority* magazine, and our Monthly Updates newsletter online at:
boston.gov/departments/age-strong-commission/connect-us

See page 12 for more programming from City departments & our partners.

AGE+ | City of Boston
Age Strong Commission

Boston City Hall, Room 271
1 City Hall Square, Boston, MA 02201
617-635-4366 agestrong@boston.gov
boston.gov/age-strong



BLACK TEXT

****Age Strong Virtual Events Link:**
bit.ly/ZoomAgeStrongVirtual
***Program in both English/Spanish**

BLUE TEXT

**Jamaica Plain - Roslindale -
West Roxbury**

GREEN TEXT

**Dorchester - Mission Hill -
Roxbury - South Boston/Seaport**

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

**Allston/Brighton - Fenway -
Kenmore**

RED TEXT

**Chinatown - Downtown - Back Bay
North End - South End - West End**

MONDAY, DECEMBER 1

10:30AM-3:30PM

Age Strong 2025 Annual Medicare Open Enrollment Event - In Person

BPL Central Library
700 Boylston Street, Back Bay
(617) 635-4366
Click [here](#) to register.

1-2 PM

South Boston Yoga for Adults - In Person

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) to register.
This event repeats weekly.

4-6PM

2025 Copley Square Tree Lighting - In Person

Copley Square
560 Boylston Street, Back Bay
(617) 635-4505
Click [here](#) for more information.

4:30-5:30PM

Emanuel Music: Breathe with Bach - In Person

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.

6-7PM

Adult Chess Club - In Person

BPL Lower Mills
27 Richmond St, Dorchester
(617) 298-7841
Click [here](#) for more information.
This event repeats weekly.

TUESDAY, DECEMBER 2

9- 10AM

Morning Stretch - In Person

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

9AM - 1PM

Sample New Programing for Older Adults (Age 55+) - In Person

Union Church
485 Columbus Ave, South End
(617) 635-3979
Click [here](#) to register.
This event repeats weekly.

10-11AM

Finding Peace - In Person

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

10:30AM-3:30PM

Age Strong 2025 Annual Medicare Open Enrollment Event - In Person

Greater Boston Chinese Golden Age Center - Hong Lok House
25 Essex Street, Chinatown
(617) 635-4366
Click [here](#) to register.

11:15AM-12:15 PM

Chair Yoga - In Person

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

11AM-1PM

Bridge Club - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

1-2:30PM

Tuesday Games - In Person

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

This event repeats weekly.

WEDNESDAY, DECEMBER 3

10:30AM-3:30PM

**Age Strong 2025 Annual Medicare
Open Enrollment Event - In Person**

Boston City Hall

1 City Hall Plaza, Downtown Boston

(617) 635-4366

Click [here](#) to register.

12-1PM

**Fifth Annual State of the Library
with BPL President David Leonard
- In Person**

BPL Central Library

700 Boylston St, Back Bay

(617) 536-5400

Click [here](#) to register.

12-1:30PM

**CPR Class with the Joseph Nee
Collaborative Center - In Person**

BPL South Boston

646 East Broadway, South Boston

(857) 269-0716

Click [here](#) to register.

12-3PM

**Free Immigration Consultations -
Virtual (By Phone Only)***

(617) 635-2980

Click [here](#) for more information.

2-4PM

Knitting & Crafts Circle - In Person

BPL Adams Street

690 Adams Street, Dorchester

(617) 436-6900 ext. 1009

Click [here](#) for more information.

This event repeats weekly.

2:30-4PM

**Houseplants Galore: Propagating
Abundance - In Person**

BPL Egleston Square

2044 Columbus Ave, Roxbury

(617) 445-4340

Click [here](#) for more information.

THURSDAY, DECEMBER 4

9AM-1PM

**Sample New Programming for
Older Adults (Age 55+) - In Person**

Union Church

485 Columbus Ave, South End

(617) 635-3979

Click [here](#) to register.

This event repeats weekly.

10AM-12PM

**Age Strong Bowling League
- In Person**

Boston Bowl

820 Morrissey Boulevard, Dorchester

(617) 635-3959

Click [here](#) to register.

This event repeats weekly.

10-11AM

Senior Sound Bath - In Person

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617)-635-4250

Click [here](#) to register.

This event repeats weekly.

12:15-1:15PM

Gentle Pilates - In Person

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
617-635-4250

Click [here](#) to register.

This event repeats weekly.

4- 7PM

**Immigrant Advancement (MOIA)
Community Office Hours - In Person**

BPL East Boston
365 Bremen St, East Boston
(617) 635-2980

Click [here](#) for more information.

10:30AM-3:30PM

**Age Strong 2025 Annual Medicare
Open Enrollment Event - In Person**

BPL Grove Hall
41 Geneva Ave, Dorchester
(618) 635-4366

Click [here](#) to register.

FRIDAY, DECEMBER 5

10:30AM-3PM

**Age Strong 2025 Annual Medicare
Open Enrollment Event - In Person**

Ethos
555 Amory St, Jamaica Plain
(617) 635-4366

Click [here](#) to register.

10-11AM

Chair Yoga Class - In Person

BPL North End
25 Parameter St, North End
(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

11AM-12 PM

Book Café - In Person

BPL West Roxbury
1961 Centre St, West Roxbury
(617) 325-3147

Click [here](#) for more information.

SATURDAY, DECEMBER 6

10-11AM

**Spanish Language Conversation
Group - In Person**

BPL Connolly
433 Centre St, Jamaica Plain
(617) 522-1960

Click [here](#) for more information.

This event repeats weekly.

10-11:30AM

Chess Club - In Person

BPL Roslindale
4246 Washington St, Roslindale
(617) 323-2343

Click [here](#) for more information.

This event occurs weekly.

11AM- 1PM

Quilting with Ms. Lillie - In Person

BPL Shaw-Roxbury
149 Dudley Street, Roxbury
(617) 442-6186

Click [here](#) to register.

11AM-12PM

Drop-In Knitting - In Person

BPL Faneuil

419 Faneuil St, Brighton

(617) 782-6705

Click [here](#) for more information.

This event repeats weekly.

12-4PM

Beginner Sewing: Holiday Ornament - In Person

BPL Uphams Corner

500 Columbia Rd, Dorchester

(617) 269-8598

Click [here](#) to register.

SUNDAY, DECEMBER 7

MONDAY, DECEMBER 8

3- 4:30PM

Grupo de conversación ESOL para principiantes hispanohablantes - In Person

BPL Central Library

700 Boylston Street, Back Bay

(617) 859-2446

Click [here](#) to register.

This event repeats weekly.

2- 4:15PM

Movie Monday: It's a Wonderful Life - In Person

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 782-6032

Click [here](#) for more information.

11AM-12PM

Gentle Yoga with Marianne Zullas - In Person

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) to register.

This event repeats weekly.

1-2PM

South Boston Yoga for Adults - In Person

BPL South Boston

646 East Broadway, South Boston

(617) 268-0180

Click [here](#) to register.

This event repeats weekly.

3- 5:30PM

Puzzle Palooza - In Person

BPL Parker Hill

1497 Tremont St, Roxbury

(617) 427-3820

Click [here](#) for more information.

TUESDAY, DECEMBER 9

9- 10AM

Morning Stretch - In Person

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

(617) 635-4250

Click [here](#) to register.

This event repeats weekly.

10-11AM

Finding Peace - In Person

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

(617) 635-4250

Click [here](#) to register.

This event repeats weekly.

11:15AM- 12:15PM

Chair Yoga - In Person

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

(617) 635-4250

Click [here](#) to register.

This event repeats weekly.

2- 3:30PM

It's All In Your Head: Supporting Cognitive and Emotional Wellness Through Brain Health - Virtual

(617) 859-2129

Click [here](#) to register.

9AM- 1PM

Sample New Programing for Older Adults (Age 55+) - In Person

Union Church

485 Columbus Ave, South End

(617) 635-3979

Click [here](#) to register.

This event repeats weekly.

11AM-12PM

ESOL Conversation Group - In Person

BPL Chinatown

2 Boylston Street, Chinatown

(617) 807-8176

Click [here](#) to register.

This event repeats weekly.

WEDNESDAY, DECEMBER 10

10AM-12PM

Age Strong Memory Cafe - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) to for more information.

6- 7:30PM

Sip 'n' Stitch - In Person

BPL Honan-Allston

300 North Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

6:30- 7:30PM

Conversation in Poems with Julia Lisella & Carla Panciera - In Person

BPL North End

25 Parameter St, North End

(617) 227-8135

Click [here](#) for more information.

2- 4PM

Knitting & Crafts Circle - In Person

BPL Adams Street

690 Adams Street, Dorchester

(617) 436-6900 ext. 1009

Click [here](#) for more information

This event repeats weekly.

THURSDAY, DECEMBER 11

9AM- 1PM

Sample New Programing for Older Adults (Age 55+) - In Person

Union Church

485 Columbus Ave, South End

(617) 635-3979

Click [here](#) to register.

This event repeats weekly.

10AM-12PM

Age Strong Bowling League - In Person

Boston Bowl

820 Morrissey Boulevard, Dorchester

(617) 635-3959

Click [here](#) to register.

This event repeats weekly.

10- 11AM

Senior Sound Bath - In Person

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

(617) 635-4250

Click [here](#) to register.

This event repeats weekly.

12:15-1:15PM

Gentle Pilates - In Person

Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

6- 7PM

East Boston Book Club - In Person

BPL East Boston
365 Bremen St, East Boston
(617) 569-0271
Click [here](#) for more information.

10AM- 12PM

**Immigrant Advancement (MOIA)
Community Office Hours - In Person**

BPL Codman Square
690 Washington St, Dorchester
(617) 635-2980
Click [here](#) for more information.

10AM-4PM

Winter Pop-Up Event - In Person

BPL South End
685 Tremont St, South End
(617) 655-2441
Click [here](#) for more information.

FRIDAY, DECEMBER 12

10-11AM

Chair Yoga Class - In Person

BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly.

1- 2:30PM

Piece by Piece Puzzlers - In Person

BPL Lower Mills
27 Richmond St, Dorchester
(617) 298-7841
Click [here](#) for more information.
This event repeats bi-weekly.

2:30-4PM

**ESOL Conversation Group (Advanced
Beginner and Higher) - In Person**

BPL Central Library
700 Boylston St, Back Bay
(617) 859-2446
Click [here](#) to register.
This event repeats weekly.

SATURDAY, DECEMBER 13

11AM-12PM

**Indian Folk Art Workshop - In
Person**

BPL Hyde Park
135 Harvard Ave, Hyde Park
(617) 361-2524
Click [here](#) to register.

11AM-12PM

**DIY 2026 Desk Calendars - In
Person**

BPL Brighton
40 Academy Rd, Brighton
(617) 782-6032
Click [here](#) to register.

2PM-4PM

**Mission Hill Community History
Zine Making - In Person**

BPL Parker Hill
1497 Tremont St, Mission Hill
(617) 427-3820
Click [here](#) to register.

9:30AM- 3PM

**Friends of the South Boston
Branch Library December
Booksale - In Person**

BPL South Boston
646 East Broadway, South Boston
(617) 268-0180
Click [here](#) for more information.

SUNDAY, DECEMBER 14

MONDAY, DECEMBER 15

2-3:30PM

**Aging Eyes: What to Know About
Vision Loss as You Age - Virtual**
(617) 859-2129
Click [here](#) to register.

6- 7PM

Musical Memories Concert - In Person
BPL Codman Square
690 Washington St, Dorchester
(617) 436-8214
Click [here](#) for more information.

12-1:30PM

Color Your Career - In Person
BPL Central Library
700 Boylston St, Back Bay
(617) 536-5400
Click [here](#) to register,

2:30-3:30PM

**Weekly Chess Club for Adults - In
Person**
BPL North End
25 Parmenter St, North End
(617) 227-8135
Click [here](#) for more information.
This event repeats weekly.

TUESDAY, DECEMBER 16

9-10 AM

Morning Stretch - In Person
Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register.
This event repeats weekly.

10-11AM

Finding Peace - In Person
Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register..
This event repeats weekly.

11:15AM-12:15AM

Chair Yoga - In Person
Spontaneous Celebrations
45 Danforth Street, Jamaica Plain
(617) 635-4250
Click [here](#) to register..
This event repeats weekly.

9AM-1PM

**Sample New Programing for Older
Adults (Age 55+) - In Person**
Union Church
485 Columbus Ave, South End
(617) 635-3979
Click [here](#) to register.

2:30-3:30PM

**Succulent Gardens with Emerald City
Plant Shop - In Person**
BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6032
Click [here](#) to register.

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL East Boston

365 Bremen St, East Boston

(617) 569-0271

Click [here](#) for more information.

4-5:30PM

Fun with Shakespeare - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) to register.

WEDNESDAY, DECEMBER 17

12- 3PM

Free Immigration Consultations - Virtual (By Phone Call Only)*

(617) 635-2980

Click [here](#) for more information.

3:30-5:30PM

Bike Repair Workshop with Boston Bikes - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click [here](#) for more information.

3-5PM

Tech Help By Appointment - In Person

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) to register.

This event repeats weekly.

5- 7PM

Winter Wellness: Preparing the Body & Mind - In Person

BPL Egleston Square

2044 Columbus Ave, Roxbury

(617) 445-4340

Click [here](#) to register.

THURSDAY, DECEMBER 18

10AM- 12PM

Age Strong Bowling League - In Person

Boston Bowl

820 Morrissey Boulevard, Dorchester

(617) 635-3959

Click [here](#) to register.

This event repeats weekly.

10-11AM

Senior Sound Bath

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

(617) 298-9218

Click [here](#) to register.

This event repeats weekly.

12:15- 1:15PM

Gentle Pilates

Spontaneous Celebrations

45 Danforth Street, Jamaica Plain

(617) 298-9218

Click [here](#) to register.

This event repeats weekly.

9-1PM

Sample New Programing for Older Adults (Age 55+) - In Person

Union Church

485 Columbus Ave, South End

(617) 635-3979

Click [here](#) to register.

This event repeats weekly.

10:30AM-12:30PM

Senior Quilting Group - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

This event repeats weekly.

FRIDAY, DECEMBER 19

10-11 AM

Chair Yoga Class - In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click [here](#) for more information.

This event repeats weekly.

SATURDAY, DECEMBER 20

11AM-12:15PM

Book Club Café - In Person

BPL Honan-Allston

300 North Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

9:30-10:30AM

Tai Chi & Qigong - In Person

BPL Adams Street

690 Adams Street, Dorchester

(617) 436-6900

Click [here](#) to register.

This event repeats weekly.

12-1PM

Many Hands, One Community Art Workshops - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

SUNDAY, DECEMBER 21

MONDAY, DECEMBER 22

4:30-5:30PM

Hygge at Parker Hill - In Person

BPL Parker Hill

1497 Tremont St, Mission Hill

(617) 427-3820

Click [here](#) for more information

11AM-12PM

Gentle Yoga with Marianne Zullas - In Person

BPL Charlestown

179 Main St, Charlestown

(617) 242-1248

Click [here](#) to register.

This event repeats weekly.

TUESDAY, DECEMBER 23

9AM-1PM

Sample New Programing for Older Adults (Age 55+) - In Person

Union Church

485 Columbus Ave, South End

(617) 635-3979

Click [here](#) to register.

This event repeats weekly.

10:30AM-12:30PM

Senior Quilting Group - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

This event repeats weekly.

11AM-1PM

**Tech Appointments at the West End
- In Person**

BPL West End
151 Cambridge St, West End
(617) 523-3957
Click [here](#) to register.
This event repeats weekly.

4:30-5:30PM

**Meditation Circle: Queer Folx, Trans
Folx, and BIPOC - In Person**

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.
This event repeats weekly.

WEDNESDAY, DECEMBER 24

9AM-5PM

Book Flood - In Person

BPL Central Library
700 Boylston Street, Back Bay
(617) 536-5400
Click [here](#) for more information.

2:30-4:30PM

**Last-Minute Gifts (A Crafting Event) -
In Person**

BPL Uphams Corner
500 Columbia Rd, Dorchester
(617) 265-0139
Click [here](#) for more information.

THURSDAY, DECEMBER 25

Christmas Day

City offices, Boston Public
Libraries, and BCYF Community
Centers are closed.

FRIDAY, DECEMBER 26

1PM -2:30PM

Piece by Piece Puzzlers - In Person

BPL Lower Mills
27 Richmond St, Dorchester
(617) 298-7841
Click [here](#) for more information.
This event repeats bi-weekly.

10:30AM-12:30PM

**ESOL Conversation Group for
Ukrainian Speakers - In Person**

BPL Central Library
700 Boylston Street, Back Bay
(617) 859-2446
Click [here](#) to register.
This event repeats weekly.

SATURDAY, DECEMBER 27

3- 4:15PM

Tell Us a Story! - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click [here](#) for more information.

10-11:30AM

Chess Club - In Person

BPL Roslindale
4246 Washington St, Roslindale
(617) 323-2343
Click [here](#) for more information.
This event repeats weekly.

10 AM - 11:30 AM

Fiber Arts Club - In Person

BPL Jamaica Plain
30 South Street, Jamaica Plain
(617) 524-2053
Click [here](#) for more information.

SUNDAY, DECEMBER 28

MONDAY, DECEMBER 29

6-7PM

Groupe de conversation ESOL en ligne pour débutants parlant français/créole haïtien - Virtual

(617) 859-2446

Click [here](#) to register.

This event repeats daily.

10:30AM-12PM

Age Strong Commission's Memory Café - In Person

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 635-3745

Click [here](#) for more information.

3-4:30PM

Grupo de conversación ESOL para principiantes hispanohablantes - In Person

BPL Central Library

700 Boylston Street, Back Bay

(617) 859-2446

Click [here](#) to register.

This event repeats daily.

TUESDAY, DECEMBER 30

9-1PM

Sample New Programing for Older Adults (Age 55+) - In Person

Union Church

485 Columbus Ave, South End

(617) 635-3979

Click [here](#) to register.

This event repeats weekly.

4:30- 5:30PM

Drop-in Zine Making - In Person

BPL Parker Hill

1497 Tremont St, Mission Hill

(617) 427-3820

Click [here](#) for more information

11-12PM

ESOL Conversation Group - In Person

BPL Chinatown

2 Boylston Street, Chinatown

(617) 807-8176

Click [here](#) to register.

This event repeats weekly

10:30-12:30PM

Senior Quilting Group - In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click [here](#) for more information.

This event repeats weekly.

11-1PM

Yarn & Needlework Drop-in Circle - In Person

BPL Roslindale

4246 Washington St, Roslindale

(617) 323-2343

Click [here](#) for more information.

10:30AM-12PM

English (ESOL) Conversation Group - In Person

BPL Honan-Allston

300 North Harvard St, Allston

(617) 787-6313

Click [here](#) for more information.

This event repeats weekly.

WEDNESDAY, DECEMBER 31

2-4PM

Knitting & Crafts Circle - In Person

BPL Adams Street

690 Adams Street, Dorchester

(617) 436-6900 ext. 1009

Click [here](#) for more information

This event repeats weekly.

Please visit other City departments & our partners for additional activities:

<u>bostonabcd.org/events</u>	617-348-6239
<u>ebsocialcenters.org/active-adults</u>	617-569-3221
<u>ethocare.org/healthy-aging-classes</u>	617-477-6616
<u>ethocare.org/services/</u>	617-477-6616
<u>fw4elders.org/what-we-do</u>	617-482-1510
<u>gbcgac.org/#services-and-programs</u>	617-357-0226
<u>hearth-home.org/events</u>	617-369-1550
<u>ibaboston.org/events</u>	617-927-1707
<u>kennedycenter.org/event-calendar</u>	617-241-8866
<u>laalianza.org/contact-us</u>	617-427-7175
<u>mabvi.org/services/assistive-technology</u>	888-613-2777
<u>operationpeaceboston.org/eventsnews</u>	617-267-1054
<u>sbnh.org/senior-services</u>	617-268-1619
<u>vietaid.org</u>	617-822-3717
<u>ymcaboston.org/events</u>	617-927-8060
<u>bpl.org/events</u>	617-536-5400
<u>boston.gov/events</u>	3-1-1

AGE+



City of Boston
Age Strong Commission